

Elk Grove Naturopathic Medicine

Patient: _____

Body Temperature Diary (F)

Approximate Temperature Times: _____

Date/Time	Day	Temp	Temp	Temp	Average Temp
	1				
	2				
	3				
	4				
	5				
	6				
	7				
	8				
	9				
	10				
	11				
	12				
	13				
	14				